

# Kindness Advent Calendar 2021

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

1.

Give someone a genuine compliment.

2.

Hold a door open for someone.

3.

Assist another student with something they are struggling with.

4.

Write a thank you letter to someone who has helped you.

5.

Make Christmas cards for your friends.

6.

Help a teacher without being asked.

7.

Smile at everyone you see today.

8.

Tidy up areas in the classroom that might miss out on a regular tidy.

9.

Ask your teacher how their day is going.

10.

Spend some time getting to know someone you don't know well.

11.

Teach someone something you are good at.

12.

Remind a family member how much they mean to you.

13.

Clean up some rubbish around the school or your home.

14.

Check in with a family member or friend to see how they are.

15.

Tell a joke to a friend and make them laugh.

16.

Do something nice for someone who is special to you.

17.

Remind someone of all the reasons why they are important to you.

18.

Help make a meal with your family or make a meal for your family.

19.

Do a chore to help someone in your family.

20.

Bake or buy Christmas cookies and share them with friends and family.

21.

Be kind to yourself and do something special for you.

22.

Make or buy a special gift for someone important to you.

23.

Do a secret random act of kindness for a loved one.

24.

Write a thank you note for Santa and leave it out for him - don't forget treats for Santa and the reindeer!